

## **C. A. C. Hours of Operation**

Monday – Friday	6:30 AM – 9:00 PM
Saturdays	9:00 AM – 5:00 PM
Sundays	1:00 PM – 6:00 PM

## **Fee Schedule**

Local adult residents may enjoy the facilities of the Cecil F. Gilkerson Community Activities Center by purchasing an Annual Pass. Passes are available to City Residents and Non-Residents alike. The Pass will serve as entry to the Center, and allow cardholders to make Racquetball court reservations in advance. Annual Passes are required to access our Exercise Room.

## **Annual Passes**

City resident adult	\$30
City Resident Youth Grades 6 – 12	\$ 5
Non-resident adult	\$60
Non-resident Youth Grades 6 – 12	\$15

## **Daily Guest Fee**

Adult	\$3
Youth	\$2

(Must show photo identification to enter)

## **Billiards (Hourly Rates)**

Adult	\$1/person
Youth	50¢/person

## **Racquetball, Squash, Wallyball (Hourly Rate)**

City Resident Adult	\$2/person
Non Resident Adult	\$4/person
Youth	\$1/person
Wallyball	\$10/court

## **C.A.C. Staff Contact List**

**Phone 433-2474**

Ed Steele	<a href="mailto:eds@harrisonburgva.gov">eds@harrisonburgva.gov</a>
Bill Rule	<a href="mailto:billr@harrisonburgva.gov">billr@harrisonburgva.gov</a>
Tim Moubray	<a href="mailto:timmm@harrisonburgva.gov">timmm@harrisonburgva.gov</a>
Erik Dart	<a href="mailto:erikd@harrisonburgva.gov">erikd@harrisonburgva.gov</a>
Jody LeRose	<a href="mailto:jodyl@harrisonburgva.gov">jodyl@harrisonburgva.gov</a>
Scott Erickson	<a href="mailto:scotte@harrisonburgva.gov">scotte@harrisonburgva.gov</a>

## **Room Rentals**

Do you need space for a birthday party, baby shower, group meeting, or other need? We have rooms available that might meet your needs. Our Classrooms can seat 35 – 40 people at tables with chairs. We have three Classrooms with movable walls to give

you the flexibility you need to accommodate up to 100 participants. If you have a smaller group, our Craft Rooms may fit your need. These rooms can accommodate up to 20 people, and have a sink for clean-up purposes. Please see the rate chart below:

<i>Classrooms Seating up to 40</i>	<i>City Resident \$15/hour</i>	<i>Non Resident \$20/hour</i>
<i>Craft Rooms Seating up to 20</i>	<i>City Resident \$10/hour</i>	<i>Non Resident \$15/hour</i>

### **Exercise Room**

Get in shape with a full body workout in our Exercise Room. We now feature four treadmills, four elliptical machines, two recumbent bicycles, seated leg press, abdominal and back extension, shoulder press, seated calf machine, rotary torso machine, and seated triceps extension.

*\*Access to the Exercise Room is limited to adult members and pre-approved youth only.*

### **Early Bird Recreation and Fitness**

Get out of bed early for some fast paced action. Every weekday morning the gym is bouncing with full court basketball. Racquetball courts are available on a first come, first serve basis. Our award winning Exercise Room is open.

*Monday through Friday, 6:30-9:00 am C.A.C. Pass required, or Guest Fee*

### **Racquetball Courts**

Come check out our racquetball courts. Current annual pass holders may reserve courts up to 2 days in advance by calling 433-2474. Current rates are listed above.

### **Racquetball Card**

C.A.C. members may purchase Racquetball Cards for convenience. Twelve plays per card.

*Adult City Resident cards: \$24.00      Adult non-resident cards: \$48*

### **Co-Ed Volleyball**

Join us for pick-up games of volleyball in the C.A.C. Gym every Monday and Wednesday night. Participant levels vary from backyard to tournament level. Come out and improve your game.

*Mondays & Wednesdays      6:00-9:00 pm C.A.C. Annual Pass or Guest Fee*

### **Full Court Basketball**

Full court basketball action heats up in the C.A.C. Gym every Tuesday and Thursday night. Pick-up games are run all night, so come to the Gym and bring a friend.

*Tuesdays & Thursdays      6:00-9:00 pm  
C.A.C. Annual Pass or Guest Fee*

### **Wheelchair Activities**

Any individual with a physical disability who has an interest in becoming involved in sports or activities with other individuals with disabilities are encouraged to participate. We have organized a Wheelchair Basketball Team, and can also facilitate Billiards, Table Tennis, Swimming, and more. Also, check out our Wheelchair Accessible Exercise equipment! Please contact Tim.

### **Open Play Badminton for Adults**

The "birdie" is back! Come out and enjoy your favorite pastime while improving your fitness, and having fun with other badminton enthusiasts! This will be an open play format, but pre-registration is required. Min: 4 Max: 20.

*220128A No Fee Mondays May 10<sup>th</sup> – June 21<sup>st</sup> 6:30-8:30pm  
National Guard Armory*

### **Inner Tube Water Polo League**

Water Polo but instead of swimming you are floating in an inner tube. This co-ed league consists of teams of up to 8 players. Teams may play with a maximum of 6 and a minimum of 4 players in the pool. Length of league will depend on the number of teams registered. Inner tubes will be provided. Registration ends May 21 @ 5pm. Contact Scott.

*330117A Tues evenings Begins June 22 Ages 16 and Up \$75 per team*

### **Co-Ed Adult Sand Volleyball Tournament**

We will need at least four teams. Four (4) players constitute a team. Each team needs to have an equal number of males and females playing at the same time. If a team has only three players, it must have either two males or two females. Registration deadline: Friday, June 18<sup>th</sup> at 5pm. Min: 4 Max: 8 teams. Contact Jody.

*320144A \$75.00 Saturday June 26<sup>th</sup> Begins @ 10:00am Hillandale Park*

### **Men's 3 on 3 Blacktop Basketball League**

Sign up early to reserve a spot for your team. Maximum of 5 players per team. Registration deadline is Friday, July 2<sup>nd</sup> @ 5pm. Contact Jody. Min: 4 Max: 8 teams.

*320138A \$175.00 Wednesdays, July 14<sup>th</sup> - TBD 5:00pm-TBD  
Outside Courts @ Ralph Sampson Park*